



NIH staff are invited to celebrate the 2024 Olympics in Paris with the *Go Gold* physical activity challenge!

Register for *Go Gold*, then download the full feature mobile app to:

- Log activity anytime, anywhere
- Give and get support on the “Wellness Wall”
- View and share delicious, nutritious recipes
- Connect with friends and teammates on the go.

Start registering Monday, June 24 (registration ends 7/15/24)

Program begins July 8th!



Learn more and register at:

<https://fedsggetfitmas.gogold2024.com>

