



Smart Grocery Shopping & Label Reading

Date: March 3, 2026 | **Time:** 12pm – 1pm EST

Join via computer or mobile device at:

<https://event.on24.com/wcc/r/5214361/90AE4440814244753369E8F7F37D6145>

Registration is now available and will remain open through the end of the event. **If you cannot attend the live session, please still register** so you will have access to the recording.

For support, [click here](#).

Scan here to register!



About this webinar: Discover how to shop smarter to meet health needs and learn to read food labels to make healthy choices.

For questions, contact: Jan Tortarella jan.tortarella@nih.gov

Kaiser Permanente health plans around the country: Kaiser Foundation Health Plan, Inc., in Northern and Southern California and Hawaii • Kaiser Foundation Health Plan of Colorado • Kaiser Foundation Health Plan of Georgia, Inc., Nine Piedmont Center, 3495 Piedmont Road NE, Atlanta, GA 30305, 404-364-7000 • Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., in Maryland, Virginia, and Washington, D.C., 2101 E. Jefferson St., Rockville, MD 20852 • Kaiser Foundation Health Plan of the Northwest, 500 NE Multnomah St., Suite 100, Portland, OR 97232 • Kaiser Foundation Health Plan of Washington or Kaiser Foundation Health Plan of Washington Options, Inc., 320 Westlake Ave. N, Suite 100, Seattle, WA 98109

For more information kp.org

 KAISER PERMANENTE®