



DISCOVER THE POWER OF NUTRITION

NATIONAL NUTRITION MONTH® 2026

STOP BY OUR TABLING EVENT!

★ **Wednesday, March 18th**
Building 10 South Lobby
11:30 AM – 1:00 PM ET

★ **Wellness@NIH** will be hosting a tabling event to highlight our program offerings, offer printed recipes, and share healthy snack ideas. Stop by one of our tables offered by **Wellness@NIH**, **Eurest Food Services**, and **Kaiser Permanente** to learn more!



Please direct questions to:
jan.tortarella@nih.gov

