

Managing Chronic Pain for Better Movement and Daily Living

EVENT DETAILS

via Zoom | Thursday, October 22
from 1-2 p.m.

PLEASE JOIN OUR FREE WEBINAR

Chronic pain can make daily activities more challenging, but effective strategies can help you stay active and independent. Join Dr. Stephanie Van, rehabilitation physician and assistant professor in the Department of Physical Medicine and Rehabilitation at the Johns Hopkins University School of Medicine, as she shares insights on common causes of chronic pain, along with practical approaches to managing discomfort. A live Q&A will follow the presentation.



FOR REGISTRATION & MORE INFORMATION

<https://tinyurl.com/54ktkwh3>



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