



Dining Out the Healthy Way

Date: March 24, 2026 | **Time:** 12pm – 1pm EST

Join via computer or mobile device at:

<https://event.on24.com/wcc/r/5214686/6F8F90F7C10D7B837698B2586B1C2ED5>

Registration is now available and will remain open through the end of the event. If you cannot attend the live session, **please still register** so you will have access to the recording.

For support, [click here](#).

Scan here to register!



About this webinar: Learn simple tips to enjoy healthier meals while dining out or eating on-the-go.

For questions, contact: Jan Tortarella jan.tortarella@nih.gov

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