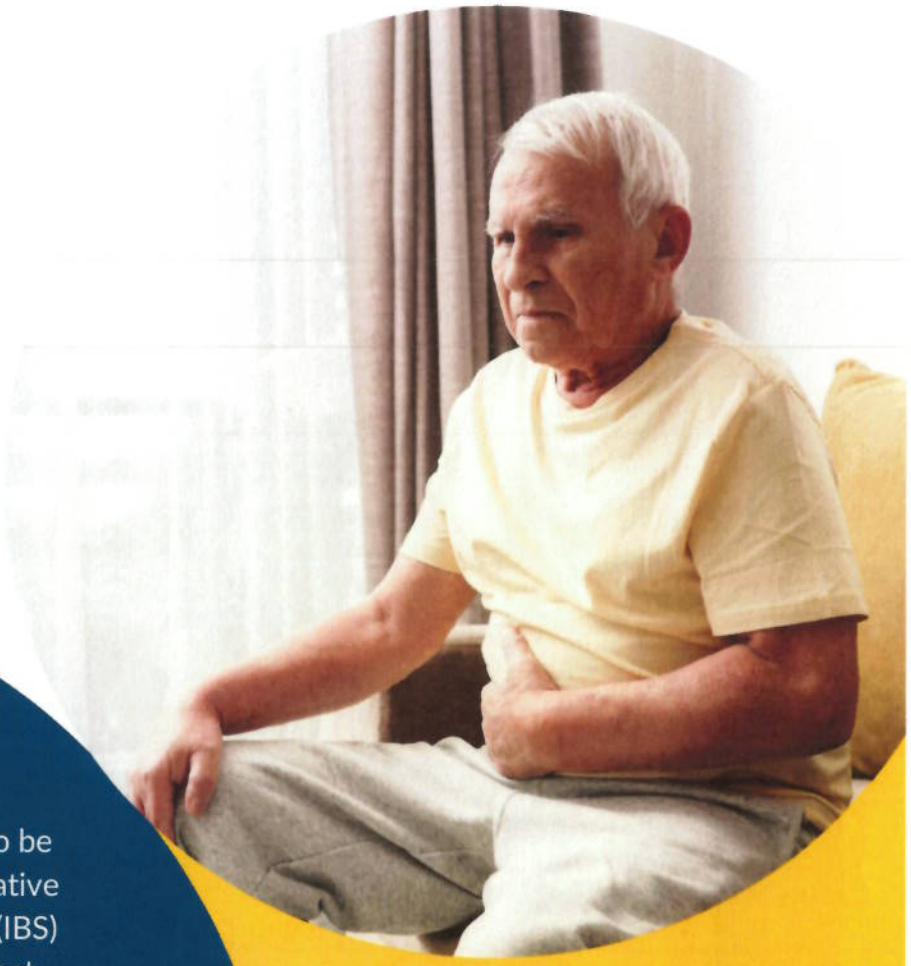
Digestive Health for Healthy Aging



EVENT DETAILS

via Zoom | Thursday, Nov. 19
from 1-2 p.m.

PLEASE JOIN OUR FREE WEBINAR

Digestive changes are common as we age, but ongoing symptoms like abdominal discomfort, bloating, constipation, or diarrhea don't have to be accepted as part of growing older. This informative webinar will explore irritable bowel syndrome (IBS) and other common digestive concerns that affect older adults, helping you better understand what's normal, what's not, and when to seek care. Join Marshall Bedine, M.D., assistant professor in the gastroenterology department at the Johns Hopkins University School of Medicine, for a practical, easy-to-understand discussion on how IBS is diagnosed, common triggers, and evidence-based strategies to manage symptoms. A live Q&A session will follow.

FOR REGISTRATION & MORE INFORMATION

https://tinyurl.com/2xcbty3e

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