

NIH HEALTH AND WELLNESS COUNCIL CHARTER

Vision

The NIH Health and Wellness Council (HWC) facilitates and continually strengthens a culture of wellness in the NIH workplace so that each NIH employee can develop and pursue a healthy lifestyle and comprehensive wellness.

Mission

The HWC develops and advances a culture of wellness where NIH "takes its own best advice" and can stand as a model – where healthy behaviors are the norm and supported by practices, policies, initiatives, peer support, scientific information, and wellness as a shared value. In pursuit of this NIH-wide mission, the HWC also advises the NIH Deputy Director for Management on matters related to NIH employee health and wellness.

Objectives

In its leadership role, the HWC works to:

- Develop and implement a Strategic Plan and an initial Action Plan to guide HWC efforts, and to update both plans as needed.
- Incorporate into the Plans and specific actions NIH's significant scientific expertise and information about individual behaviors, work environments, policies, and resources that promote and support health and wellness.
- Serve as an advocate for accessible, quality wellness resources for the NIH community.
- Serve as a forum for NIH wellness and health promotion issues and policies.
- Serve as a forum for sharing best practices, lessons learned, and information about specific initiatives and resources.
- Advise the NIH Deputy Director for Management about employee health and wellness-related matters.
- Facilitate and promote policies and initiatives that support a culture of health and wellness.
- Foster collaborations among its members and with other Federal health and wellness programs.

Leadership

The Director, Office of Research Services, as the Senior Health and Wellness Official, NIH or his/her appointed federal employee shall serve as the Chair for the Health and Wellness Council.

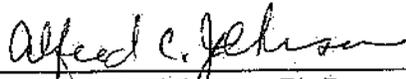
Membership

Voting: The HWC is comprised of a Chair, a Vice-Chair, and nine additional voting members appointed by the Senior Health and Wellness Official at NIH.

Non-Voting: The HWC is also comprised of non-voting representatives who are affiliated with the NIH, such as fitness and food service providers, and interested other community members.

Term

The HWC voting members serve a two-year term. Terms may be staggered to support continuity and effectiveness. Members may be re-appointed to an additional term.



Alfred C. Johnson, Ph.D
Deputy Director for Management

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